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 FJELLHEIM 6 – 107, Sons of Norway
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DECEMBER 2010

Volume 37, Issue 12

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

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MEETING TIME:

Monthly business meetings held the second Wednesday of every month (except July) at **7:00 PM** at Viking Hall, 1045 Ford Street, Colorado Springs, CO 80915

SEND ARTICLES TO YOUR EDITOR:

Knut Lyby
 5520 Sample Way
 Colo. Spgs. CO 80919
 or to: kmlyby@msn.com
 Phone: 536-0647
Deadline for the January issue is December 13.

Scandinavian Christmas Tea



Saturday, December 4
 Viking Hall
 2 p.m.
 \$12.00



This is a great beginning to the Christmas Season. Homemade Scandinavian holiday treats will be served along with holiday tea. There will be a program and door prizes will be awarded.

Please call June Peterson, 719-599-3235, for reservations, call early as space is limited!

Family Christmas Party



Sunday, December 19
 Viking Hall
 Social Time 2:00-2:30 p.m.
 Roast Pork Dinner 2:30 p.m.



Musical Program presented by the Song Spinner
 Caroling around the Christmas Tree and a visit from Santa



Adults \$15.00
 Children 8-12 \$5.00
 Children under 8 no charge



For Reservations: call Cleo Allgood prior to December 15th at 719-598-1982
 Please be sure to give the ages of children that will be attending

December 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Norwegian Language Class - 7:00 PM Board Meeting - 7:00	2	3	4 Scandinavian Christmas Tea - 2:00 PM, Viking Hall Fjellidalen Lutefisk Dinner 3PM/5:30 PM
5	6	7 Game and Card Night - 12:30 PM, Viking Hall	8 Lodge Meeting - 7:00 PM, Viking Hall	9	10	11
12	13 <i>JANUARY 2011 NEWSLETTER DEADLINE</i>	14 <i>Roald Amundsen 1st person to reach South Pole in 1911</i>	15 Language Class - 7:00 PM	16	17	18
19 Fjellheim Family Christmas Party - 2:00 PM, Viking Hall	20	21 <i>Winter Solstice</i>	22 Language Class - 7:00 PM	23	24 GOD JUL!	25 MERRY CHRISTMAS
26	27	28	29 Language Class - 7:00 PM	30	31	

January 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Godt Nytt År! Happy New Year!
2	3	4 Game and Card Night - 12:30 PM, Viking Hall	5 Norwegian Language Class - 7:00 PM Board Meeting - 7:00	6 Viking Sisters - 1 PM	7	8 Zone 8 Leadership Workshop - 9:00 AM, Trollheim Lodge
9	10	11	12 Lodge Meeting - 7:00 PM, Viking Hall	13	14	15 Trollheim Lutefisk Dinner
16 <i>Son of Norway Founders Day</i>	17	18	19 Language Class - 7:00 PM	20 Ladies Luncheon - 11:30 AM, TBD, June Peterson - 599-3235	21	22 Steinfjell Anniversary Lunch
23	24	25	26 Language Class - 7:00 PM	27	28	29
30 Ski for Light starts Dine Out - TBD	31					

**MEMBER BIRTHDAYS
DECEMBER**

- 2 Einar Wulfsberg
- 4 Elaine Olson
- 4 Jemma Fadum
- 5 Douglas Haug
- 6 Spencer Holland
- 6 Brenda Dahl
- 7 Roseanne Foresman
- 7 Ellen Hardy
- 9 Anne Berger
- 11 Donald Ankley
- 13 Jerry Maines
- 14 Phyllis Eldridge
- 17 John Peterson
- 20 Tina Berge
- 25 Bjorg Mapstone
- 26 Kathlyn Steinke
- 29 Patricia Staubo
- 29 Melissa Lyby

**HERTIAGE AND
YOUTH**

- 1 Jacob Botten
- 9 Margaret Suntken
- 21 Hannah Botten

**GRATULERER MED
DAGEN
ALLE SAMMEN!!**



**DECK THE HALL!
MONDAY, NOVEM-
BER 29TH**

Please note this change in the date that we are decorating Viking Hall for the holiday season. Instead of the usual Sunday after Thanksgiving, we will meet on Monday November 29th at 10:00. Please help us to spruce up the Hall for the Holidays with some garland, wreaths and a couple or three Christmas trees.

GAME AND CARD SOCIAL

PLEASE NOTE NEW TIME - THIS WILL BE OUR NEW MEETING TIME THROUGH MARCH.

Tuesday, December 1, **12:30 PM**, Viking Hall

A pot luck meal followed by cards and games. Hope to see you there. If you have any questions, please call Grace Johnson at 632-4885.



LADIES LUNCHEON

There will be no luncheon in December due to the Holidays.

The first Lunch of 2011 will be held on January 20th at 11:30 AM at a secret place. Please contact June Peterson at 599-3235 so she can tell you the secret location.

As always, men are welcome at their own table.



SUNDAY AFTERNOON DINE OUT

There will be no Dine Out in December due to the Holidays.

Stay tuned for details about the January Dine Out.

CULTURAL INFO

For the program for the December business meeting - Following the potluck supper, there will be a program of Norwegian Christmas traditions and carols. This will be followed by dessert and coffee.

*Sissel Disbrow and Lyle Berge,
Cultural Coordinators*

DECEMBER LODGE MEETING POTLUCK

Our December 8th Lodge Meeting will begin at 6:00 p.m. with a potluck supper. Please bring a main dish or dessert to share. Tableware and coffee will be provided.

For the January 12th Lodge Meeting, we are asking that any new officers bring treats for our refreshments after the meeting.

If you have questions, call Dorothy Hanson - 599-8546.

KEEP THE DATES

Saturday, December 4 - Christmas Tea
Sunday, December 19 - Family Christmas Party
Saturday, January 8 - Leadership Workshop, Trollheim Lodge
February 1 - 6 - Ski for Light, Snow Mountain Ranch - Winter Park
Saturday, February 26 - Barneløpet, Snow Mountain Ranch - Winter Park



SKI FOR LIGHT

We are looking for all our Colorado Lodges to assist in this event this year. Arrival and departure is where we will be most helpful. The participants will be arriving on Jan 29 and 30, (Saturday and Sunday). Most will arrive on Sunday, so we will need more helpers that day. The biggest day for us will be Sunday, Feb 6. This is when all participants will arrive by bus from Granby, and we need to get them and their luggage into the airport and checked in. From what I understand the "Airport Ambassadors" at DIA are very helpful getting them from security to their gates, so our main duty is to and from the buses and collecting their luggage. Storfjell Lodge in Granby has offered to work with them upon their arrival and departure at Snow Mountain Ranch. Scott Bertrand, the Volunteer Coordinator lives in Denver, and hopefully will be at our Leadership Seminar on Jan 8th to give us a more complete outline of what they will need us to do. I am hoping that we will have representation from all of our Colorado Lodges to work with this event! Friday night (Feb 4) is celebrated as Norway Night. During that day they have a picnic lunch – a box lunch – and it would be wonderful if we would provide their dessert.... the idea of Riskrem was received with much enthusiasm! We will have much more on this, both at meetings and in newsletters. Please reserve these dates and plan to help. You will be happy you did! Contact Crystal Sundet, 720-283-8592 or crystobel@hotmail.com if you can help at DIA. Contact Alan Sommerfeld, 970-531-0811 or alansommerfeld@gmail.com if you can help at Snow Mountain Ranch.

ZONE 8 LEADERSHIP WORKSHOP – JAN 8, 2011

Plans are to discuss our membership in Sons of Norway and what it means to us. We'll discuss the positions that make up our lodge board and the responsibilities that we are expected to carry out when we accept one of these positions. We also hope to have Scott Bertrand with us to explain in more detail what will be required of us on arrival and departure days of the event. Please mark your calendar and plan to share this day with us. The District will treat us to lunch, but we'll need a committee to help with serving and in the kitchen. Please contact Crystal so I can put together a committee, and also to let me know how many will attend, so we can plan lunch accordingly. 720-283-8592 or crystobel@hotmail.com

VOLUNTEER HOURS

Please start gathering your volunteer hours from small events - Hardanger, Norwegian classes, baking, preparing food and serving at Lodge Meetings, etc. to the larger events - Spring Spree, Frokost, Lutefisk Dinner, Holiday Tea - anything & everything in between! **I NEED all volunteer hours by the end of January.**

Thank you!
Cleo Allgood

FMC REPORT

We had a quiet month. The annual lodge insurance premium was paid. Some minor maintenance issues were taken care of. Thanks Terry for repairing the hall floor tile.

Swede

LUTEFISK AND MEATBALL DINNER THANKS

Sincere thanks to the following stalwart volunteers for helping to present a terrific event: Lois and Ken Halvorson, Kathy Oldervik, Elaine Hellem, Ole and Joan Bakken, Virginia Nelson, Chuck and Millie Sullivan, Karen Ravnaas, Doug and Pat Haug, Owen and Bonnie Bergland, Ruth Wiig, Sara Berge, Joyce Gustafson, Mike Johanson, June Peterson, Marilyn Keck, Nancy Allen, Eunice Bluhm, Kerry Hefta, Cleo Allgood, Cathe Berg, Jerry Maines, Rory, Rosann and Chyanne Foresman, Dorothy and LaRue Hanson, Inger Pappas, Sissel Disbrow, Jamie, Kenny and Brock Allen, Emma, Amanda and Meghan Oldervik, Randy Johnson, Terry Mapstone, and the Viking Sisters.

To those of you that baked products for our dessert and bake sale, thanks. If your name was not mentioned it was probably not on the worker roster but your contribution was appreciated.

Although all the numbers are not in yet, beyond the cultural aspects, this was a very profitable event.

FJELLHEIM ELECTION FOR 2011 OFFICERS

We held elections at our November Lodge meeting. Congratulations to the 2011 Officers, Program Directors, Support Officers, Viking Sisters, FMC and those who manage Committees and Special Activities.

These members will be officially installed at our January Lodge meeting. We are still in need of a Cultural Director, Foundation Director, Assistant Treasurer, Youth Director, and someone to manage Tubfrim. Please approach a Board member if you might be interested in filling any of these positions.

THE SUNNY CORNER



Happy Birthday and Happy Anniversary to all those celebrating in December. And Merry Christmas to all! May all these celebrations be filled with love, laughter, fun times, sweet treats, and blessings all around.

Since the last time we visited, Mike Johaneson had a run in with the front plate glass window while members of the FMC were scraping and painting the front of the building. He had to have skin grafts on his little finger and is healing well. Thanks to Jerry and Ginny Johnson for taking care of him and getting him the care he needed. Aren't our members something?!!!!

Larry Moe has been diagnosed with a spinal injury in his lower back. He is moving around but limited to what he can do. Keep him in your thoughts as he heals and gets better.

Mel Strand has recently been diagnosed with Leukemia. He and Rosa are doing the best they can under the circumstances and members have been visiting and calling on a regular basis. We are keeping them both in our prayers. If you wish to call, you can reach them @ 598.2624.

Millie reports that Darlene Aaland is still having treatments and is doing well although weak. Please keep sending her good thoughts and if you wish to call, she can be reached @ 550-1288. We miss you Darlene!

Many of you know our friends from Denver. We are saddened to report that Barbara Robb's husband, Alan, has died. Please keep Barbara and her family in your thoughts and prayers.

Long time member Lynn Larsen has died. We send our sincerest condolences to Lynn's family and want them to know they are also in our thoughts and prayers.

Dan and Louella Gavin and family are in transition and will be making the final move to Arizona during the Thanksgiving week. We wish them well in their new adventure and hope that when their work is done there, they will return to Colorado Springs and Fjellheim Lodge. Take care, have fun and don't forget we will miss you all.

As we close out the year 2010, a few thoughts to take you into 2011:

Always remember to forget the troubles that pass your way; BUT NEVER forget the blessings that come each day.

God jul og godt nytt år!

*Karen RAVNAAS, Sunshine Director
390-0621*

SOCIAL NEWS

Thank you all for attending our 37th Anniversary Luncheon on September 26th. Congratulations to those who received their commemorative year pins.

The Breakfast and Bazaar on October 2nd was a great success thanks to Nancy Allen and her committee. Breakfast was delicious! We had wonderful vendors, lots of interesting donations for the white elephant sale and great bake sale donations.

On October 10th, Fjellheim hosted the Lindesnes Trekkspillklubb (Accordion Club) for their one and only performance in Colorado. It was an absolutely wonderful afternoon! This talented group of musicians from Lindesnes, Norway entertained us for an hour and a half of toe tapping, hand clapping fun, topped off with dessert and coffee.

We had our Annual Lutefisk and Meatball Dinner on November 13th. We served a total of 268 meals at two serving and everyone seemed to enjoy being served family style. Thanks so much to all who helped prepare, cook, serve and clean up after one of our special cultural meals. We have lingonberries, herring, lutefisk and a small number of lefse packages left for sale.

The Scandinavian Christmas Tea will be presented on December 4th at 2pm. All sorts of homemade Scandinavian treats will be featured. Call for reservations now!!

Our Family Christmas Party will be on Sunday, December 19th. We will gather for social fellowship and appetizers at 2 pm. A pork roast meal will be served at 2:30. The Song Spinners will entertain us after the meal. We will then sing around the Christmas tree while awaiting a visit from Santa.

SONS OF NORWAY FOUNDATION

It has been a wonderful year and experience for me being your Foundation Director for the Sons of Norway, Fjellheim 6-107 Lodge. The successful Breakfast/Craft Bazaar on Saturday, October 2nd, netted over \$600 from the Breakfast and \$1,135.45 for the Craft Bazaar and raffles during the event. Angela Calloura won the handmade fall quilt made by Marilyn Keck and Maria Yarmon took home the round beige crocheted tablecloth donated by Nancy Allen. Three hundred dollars was sent to the Sons of Norway Foundation at the Headquarters in Minneapolis, Minnesota for the Humanitarian Fund and the balance to our Lodge. A wonderful "Thank You" is given to all the volunteers who managed the raffles, baked bread sale, white elephant and toy tables throughout the day. Without our volunteers, we could not have brought in the donations for this great time. Thanks to Eunice Bluhm and Marilyn Keck for coordinating the Bazaar. A heartfelt thank you especially goes to Marilyn for contacting all the vendors and being a "sounding board" for all of us---you are Golden!

Congratulations goes to Marie Berggren, the winner of the Turkish lunch box at the October meeting raffle and to Ruth Wiig, who won the Autumn Apron creation by Ginny Johnson at the November meeting. Donations to National SON Foundation through raffles and the Bazaar equaled \$ 667.00! From one of our new members we'd like to thank M. Zakrzewski for donating \$ 70.00 to the Coin-a-Day, the Foundation Way fund. You made a difference. So, our total to SON Foundation for 2010 = \$ 737.00!! Thank you one and all!

Due to scheduling conflicts, I will be unable to continue as your Foundation Director. It's been a pleasure and honor to serve Fjellheim Lodge. My wish is for a member of our Lodge to volunteer for this position and make it even more successful for 2011. There is a packet of information on the Sons of Norway Foundation in our Library for you to view. I am available to answer any questions you may have about Foundation. Please continue the support for this position.

DISTRICT 6 SCHOLARSHIPS

The 6th District will award three \$1,000 scholarships to members in good standing, their children or grandchildren who are Unge Venner members in any lodge in the 6th District. They must attend a 4 year accredited college or university in the USA as a fulltime undergraduate in their sophomore, junior or senior year and have a grade point average of 2.5 or better on a scale wherein A=4, B=3, C=2, D=1. When an applicant is deemed worthy of a scholarship (recommended by the 6th District Scholarship Committee and approved by the 6th District board) the funds will be jointly paid to the applicant & to the institution he or she is attending. **Applications must be submitted to the scholarship committee by April 1 of the application year.**

Also, the 6th District scholarship to a 2 week Concordia Language Camp Summer Session at The Norwegian Village or "Skoggjorden" in the amount of about \$1700.00, for a camper over the age 13. The applicant must be a Heritage or Unge Venner member of a 6th District lodge. Applications must be submitted to the scholarship committee by May 1 of the application year. Visit website www.ConcordiaLanguageVillages.org for information & applications for the Norwegian Village or "Skogjorden." The applicant must also apply directly to and meet all requirements of Concordia Language Camp. Those interested in applying for the scholarship for the Concordia Language Camp may get the district applications from members of the scholarship committee.

Carolyn Dahl, Chairman,
13361 East 35th Place, Yuma, AZ 85367
PH: 928-335-1801, e-mail, KA6LSK@arrl.net

IN MEMORIAM

Lynn Seymour Larsen

Lynn was a charter member of Fjellheim and passed away in Colorado Springs at the age of 92. He was born and raised in Denver and joined the Army at a young age, fought with valor during WWII in Europe, receiving the Bronze Star for bravery with the 3rd Armored Division. Following the war, he graduated from Colorado A&M (now CSU) as a soil scientist and was employed by the Soil Conservation Service in Colorado and eventually settled in Colorado Springs in 1953.

When the Lodge was formed in 1973, he became a charter member and remained a member until his death on November 6, 2010. Lynn will be remembered for playing an important role in making the Soil Conservation Building available to a struggling, new lodge at a very favorable rate. His lodge attendance was sporadic at best as he was a very active person with extensive travels around the world.

Gardening, dancing and golf were also on his agenda and he bowled three times a week until shortly before his death.

Lynn is survived by two sons and one daughter, nine grandchildren and two great-grandchildren on the way. He was adored by his large family, to whom we extend our sincere condolences. Our nation has the Unknown Soldier; for Fjellheim Lynn Larsen was the Unknown Member. Both of them are deserving of our respect and appreciation.

ADDRESS CHANGE

Lyle Berge, has a new home address. His phone # and email are staying the same.

1353 West 88th Avenue, D-202
Thornton, CO 80260

DECEMBER PRESIDENT'S MESSAGE

We have had a busy September, October and November here at Fjellheim. The Anniversary Luncheon, Breakfast and Bazaar, the Accordion Club performance, and Lute-fisk and Meatball Dinner were all successfully accomplished. As we approach the end of the year, cold weather and a few snow flurries have made their appearance and there is a fair amount of snow on the Peak. We have been busy and still have two more special events to enjoy before Christmas, the Scandinavian Christmas Tea and our Family Christmas Party.

In December we will make \$50.00 donations to ten charitable or service organizations in our community. It is gratifying to be able to share our good fortune and help those in need. We have also been able to donate \$737.00 to Sons of Norway Foundation this year.

This past year we have seen the passing of several dear members. We will miss them but take comfort in our memories.

Congratulations to next year's Officers and Directors! This is my last President's Message and I want to thank everyone for their guidance and support.

Merry Christmas and Happy New Year!!
Bj

FROM YOUR FINANCIAL BENEFITS COUNSELOR

We are nearing that time of year of gift giving and often end up buying our children, grandchildren or great grandchildren gifts that last only a very short time - either they break, get lost, get out-dated or just wear out.

How about giving a gift this year that "keeps on giving"? Viking Voyager is a simple economical way to introduce children to Sons of Norway. They will become a "Heritage" member and receive a "Viking for Kids" at no cost. You may find that it costs less than what you had planned to spend. Sons of Norway has the perfect fit for those special kids in your life.

Call me and I will share with you this "once in a lifetime gift idea."

Fraternally,
LaRue Hanson
Financial Benefits Counselor
2523 Shalimar Dr.
Colorado Springs, CO 80915-1030
Office 719-599-8546
Cell 719-237-7314

2010 OFFICERS

Board of Directors

President	Björg Mapstone — 264-0955 bjorgmapstone@comcast.net
Vice President	Kathy Oldervik — 596-6927
Counselor	Rory Foresman — 640-7280
Secretary	Marilyn Keck — 465-2444
Asst. Secretary	Virginia Nelson — 591-7083
Treasurer	Laurance Moe — 260-9490
Asst. Treasurer	Bill Hill — 719-544-1321
Membership Sec.	Kathy Oldervik — 596-6927

Program Directors

Social Coordinator	Cleo Allgood — 598-1982 Elaine Hellem — 471-8552 Betty McIntire — 635-5294
Cultural Programs	Sissel Disbrow — 540-2737 Lyle Berge — 720-470-4961
Host/Hostess	Dorothy Hanson — 599-8546 Ginny Johnson — 495-0253
Sunshine Director	Karen Ravnaas — 390-0621
Youth Director	Louella and Dan Gavin — 522-1462
Sports Director	Kerry Hefta — 266-9429
Foundation Director	Nancy Allen — 310-2466
Language Teacher	Patricia Staubo — 635-7985

Support Officers

Greeters	Owen Bergland — 576-1396 Ken Halvorson — 632-6003 Ole and Joan Bakken — 632-3892
Marshals	Knut Lyby — 536-0647 kmlyby@msn.com
Editor	Sonja Gund — 473-9588
Musician	Eunice Bluhm — 495-2029
Publicity	Virginia Nelson — 591-7083
Historian	LaRue Hanson — 599-8546
Photographer	Sonja Gund — 473-9588
Librarian	

Viking Sisters

President	Grace Johnson — 632-4885
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Fjellheim Management Corporation (FMC)

Directors	Agnes Barilovich (2009) — 574-5653 Chuck Sullivan (2009) — 597-0381 Inger Pappas (2010) — 596-7618 Swede Knutson (2010) — 473-3297 Karen Ravnaas (2011) — 390-0621 Paul Wiig (2011) — 596-6159
Trustees	Terry Mapstone (2009) — 264-0955 Michael Johaneson (2010) — 303-663-3251 Jerry Johnson (2011) — 495-0253

Committees/Special Activities

Auditors	Dean Tollefson — 473-1110 June Peterson — 599-3235 Millie Sullivan — 597-0381
Finance Chairman	Michael Johaneson — 303-663-3251
Adopt-A-School	Roseann and Rory Foresman — 640-7280
Tubfrim	Ginny Johnson — 495-0253
Volunteer Hours	Cleo Allgood — 598-1982
Field Representative	LaRue Hanson — 599-8546

Colorado Zone 8 Director

Crystal Sundet — 720-283-8592
crystobel@hotmail.com

District 6 President

Lyle Berge — 720-470-4961
bergenorsk@comcast.net

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ROYALS PLAN MAJOR US TOUR

Staff at the Royal Palace in Oslo is planning a major tour of “Norwegian America” next year for King Harald and Queen Sonja. The royals are expected to spend as many as 11 days in the US, starting in Minnesota.

Newspaper Aftenposten reports that immigrant groups in the US are standing in line to get a taste of royal glitter during the tour, which is set to begin in Minneapolis on November 11.

Details of their program aren’t yet clear, nor are their destinations apart from Minnesota and New York, where the royal couple will attend the 100th anniversary celebrations for The American Scandinavian Foundation. It’s considered one of the most important institutions for furthering cultural and educational exchanges between the US and Sweden, Norway and Denmark along with the Nordic countries of Finland and Iceland.

Most of the Scandinavian and Nordic heads of state are expected to attend the celebrations around November 20. Before that, Harald and Sonja will visit areas where many Norwegian immigrants settled, and reportedly take part in some of their anniversaries.

Their visit isn’t considered an official state visit though, and thus won’t include Washington DC or any obligatory calls at the White House, according to Aftenposten. The king and queen haven’t been on a state visit to the US since 1995, but met US President Barack Obama in Oslo last year, when he was awarded the Nobel Peace Prize.

Views and News staff