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 FJELLHEIM 6 – 107, Sons of Norway
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DECEMBER 2009

Volume 36, Issue 12

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.



Family Christmas Party

Saturday, December 19th

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MEETING TIME:

Monthly business meetings held the second Wednesday of every month (except July) at 7:00 PM at Viking Hall, 1045 Ford Street, Colorado Springs, CO 80915

DO YOU WANT TO CONTRIBUTE AN ARTICLE?

Send it to your editor:
 Knut Lyby
 5520 Sample Way
 Colo. Spgs. CO 80919
 kmlyby@msn.com
 Phone: 536-0647

Singing Practice 4:00
 (for children wishing to participate in the Evening's Entertainment. All are welcome!)
 Social Time 4:30- 5:00
 Entertainment 5:00-5:30
 Presented by our Lodge children and grandchildren
 Roast Pork Dinner 5:30
 Visit with Santa
 Caroling around the Christmas tree



Cost: \$15.00 for adults
 \$5.00 children 5-12

No charge for children under 5



For reservations, call Virginia Nelson prior to December 14th at 719-591-7083
 Please be sure to give us the ages of the children that will be attending

Scandinavian Christmas Tea, December 5th, Viking Hall.
 See you there! Details on p. 4.

December 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Game and Card Night - 12:30 PM, Viking Hall	2 Norwegian Language Class - 7:00 PM Board Meeting - 7:00	3 Viking Sisters - 1pm	4	5
6	7	8	9 Lodge Meeting - 7:00 PM, Viking Hall	10	11	12
13 St. Lucia	14	15	16 Norwegian Language Class - 7:00 PM	17	18	19 Family Christmas Party
20	21	22	23 Norwegian Language Class - 7:00 PM	24 God Jul 	25 Merry Christmas 	26
27 Dine Out	28	29	30 Norwegian Language Class - 7:00 PM	31 		

January 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Godt Nytt År!	2
3	4	5 Game and Card Night - 12:30 PM, Viking Hall	6 Norwegian Language Class - 7:00 PM Board Meeting - 7:00	7 Viking Sisters - 1pm	8	9
10	11	12	13 Lodge Meeting - 7:00 PM, Viking Hall	14	15	16
17	18	19	20 Norwegian Language Class - 7:00 PM	21 Ladies Lunch - 11:30	22	23
24	25	26	27 Norwegian Language Class - 7:00 PM	28	29	30
31 Dine Out						

MEMBER BIRTHDAYS



DECEMBER

2	Einar Wulfsberg
4	Elaine Olson
5	Doug Haug
6	Spencer Holland
7	Roseanne Foresman Ellen Hardy
9	Anne Berger
11	Donald Ankley
13	Jerry Maines
14	Phyllis Eldridge
17	John Peterson
25	Bjorg Mapstone
26	Kathlyn Steinke
28	Anna Snead
29	Melissa Lyby Patricia Staubo

HERITAGE & YOUTH DECEMBER BIRTHDAYS

1	Jacob Botten
4	Jemma Fadum
14	Orlin Orlopp
16	Connor Bu
21	Hannah Botten Lanaya Parmenter
25	Shane Coltrin

GRATULERER MED DAGEN ALLE
SAMMEN!!

JOKE OF THE MONTH



How many Norwegians does it
take to change a light bulb?

None, Norwegians hate change!

GAME AND CARD SOCIAL

The next two game and card nights are Tuesday,
December 1st and January 5th at Viking Hall at 12:30pm.



A pot luck dinner followed by cards and games. Hope to see
you there.

If you have any questions, please call Grace Johnson at 632-4885.

LADIES LUNCHEON

We are taking a break in December to properly prepare for the
holidays. In January we will meet on Thursday the 21st. A lo-
cation has not yet been selected. For more information, please
contact Grace Johnson at 632-4885.



We wish everyone a Merry Christmas and a Happy New Year!

SUNDAY AFTERNOON DINE OUT

No time or location has been decided for the upcoming Dine Out's in Decem-
ber or January. It will be announced at the upcoming Business meetings.

CULTURAL

Our December Lodge Meeting will begin at 6:00 p.m. with our traditional
last potluck of the year. Please bring a main dish, salad or side dish to
share. Dessert will be provided by Anne & Kris Beahler.

Our program for the Dec. 9th meeting will be a time of preparation for
Christmas in song and words.

Special thanks to Patrick Bernard for his
outstanding program and discussion about
Finnmark, Norway at the November business
meeting. Patrick shared his pictures of this
beautiful part of Northern Norway. Following
the slide presentation, there was a lively
question and answer session as we all learned
interesting information about Norway.
We thank you Patrick!



Lyle and Sissel

FJELLHEIM ELECTION FOR 2010 OFFICERS

We held elections at our November Lodge meeting. Congratulations to the
2010 Officers, Program Directors, Support Officers, Viking Sisters, FMC and
those who manage Committees and Special Activities.

These members will be officially installed at our January Lodge meeting. We
are still in need of a Publicity Coordinator. If you are interested in this posi-
tion please contact any member of the Board.

SCANDINAVIAN CHRISTMAS TEA

Mark your calendars for December 5th, 2 p.m. for this Lodge Holiday event. This is a great beginning to the Christmas Season and we are looking forward to our members and guests attending the tea. Scandinavian treats will be served, along with tea sandwiches and rice cream. A program will be presented, door prizes will be awarded. June Peterson will be taking reservations, space is limited! A bargain for ten dollars! Call her at 599-3235.

Sissel Disbrow



SOCIAL NEWS

Thank you all for attending and contributing to the September Anniversary Pot-Luck. Congratulations to those who received their commemorative year pins. Thanks to all our members for your friendship and support.

Our October Breakfast and Bazaar was a huge success! Eunice and her committee are to be congratulated!

The annual Lutefisk and Meatball Dinner was well attended in spite of the dreary weather. We hope you all enjoyed yourselves! Sincere thanks to the following stalwart members: Lois and Ken Halvorson, Darlene and Curtis Aaland, Bonnie and Owen Bergland, Joyce and Gus Gustafson, Millie and Chuck Sullivan, Mel and Rosa Strand, Mike Johaneson, Rory and Roseann Foresman, Karen Ravnaas, Dennis and Kay Laux, Sara Berge, Lenora Larson, LaRue and Dorothy Hanson, Nancy Allen, Virginia Nelson, Cleo Allgood, June Peterson, Eunice Bluhm, Cathe Berg and Jerry Maines, Grace Johnson, Chris Beahler, Ann Beahler, Bryher Herak, Ginny and Jerry Johnson, Joan Bakken, Kathy Oldervik, Jamie Allen, Emma Oldervik, Marianne Reisinger, Inger Pappas, Agnes Barilovich, Swede Knutson, Doug Haug, Betty McIntyre, Brenda Dahl, Sissel Disbrow, Tom Quinn, and Paul Wiig. Special thanks to our Heritage members Avery Oldervik, Meagan Oldervik, Amanda Oldervik, Trevor Oldervik and Brock Allen, who cleared tables, served food, and assisted in the kitchen cleanup. If I missed your name it was because my list was not complete but your help was greatly appreciated. Thank you all!!

We still have lingonberries, lefse, a few jars of herring and some gift items left. They will be available at the December meeting or call me at 264-0955 if you would like to make a purchase.

December will be a busy month! Our first Scandinavian Christmas Tea will be on December 5th at 2:00. This promises to be a very special event! Hope you have made your reservation!

Our Family Christmas Party will be on the 19th starting at 4:00 for our Lodge children and grand children, social ½ hour at 4:30, entertainment at 5:00, dinner at 5:30. Then we will have a visit with Santa followed by caroling around the Christmas tree. If you plan to bring children or grand children, please be sure to let us know how old they are. Please plan to attend with your family and friends.

Have a wonderful Christmas and Happy New Year!!!
Bj

DECK THE HALL!

We are decorating Viking Hall on November 29th, the Sunday after Thanksgiving, at 10:00. Please help us to spruce up the Hall for the Holidays with some garland, wreaths and a couple or three Christmas trees. Join the fun! We're planning a little lunch.

TUSEN TAKK

Thank you for allowing me the opportunity to be your lodge president this past year. For me it was a new learning experience. I think we made some headway in the start of changes for the lodge that I hope will increase lodge fund-raising. I do not feel I accomplished all that I could have; family, work, and school take up most of my time that left little time to put into the lodge. From the experience and knowledge I gained, I can perhaps someday endeavor in the leadership privileges afforded me. Now again, as BJ takes the reins of presidency I will continue to participate, as I can, in lodge events, memberships drives, and now try to provide our cultural heritage to school age children.

Thank you all for your support and a wonderful year.

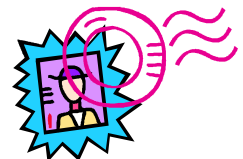
Rory Foresman

TUBFRIM

A big thank you to all that have clipped stamps and continue to do so.

If possible, I would like to have all the stamps back by the December business meeting in order to get them sent on to Norway before the end of the year. Remember, Non-profit stamps are not usable to Tubfrim.

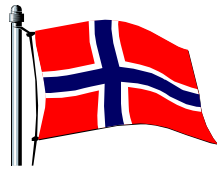
Thanks again,
Ginny
Johnson,
Tubfrim



FMC NEWS

We can fly the flags again. Jerry, Chuck and Swede erected the poles and installed new lanyards.

They also secured the letters and telephone number on the big sign.



Thanks, Swede

NORWEGIAN NEWS IN ENGLISH

There's a lot happening in Norway, even when the Nobel Peace Prize isn't at the top of the news.

If you're interested in what's happening in Norway, click in to the new service -- "Views and News from Norway."
<http://www.newsinenglish.no/>

Nina Berglund is the editor of Views and News from Norway.

FROM YOUR FBC

Are you invested in an account where it's up one day and down the next depending on the Wall-Street-Jitter's or maybe you are invested in a Money Market or C/D that's not growing very much either? With the end-of-year approaching maybe you would like to look at a couple of ideas for your investment port-folio. With Sons of Norway you will have a guarantee of principle and also a guarantee of interest, never a loss. Just give me a call and we can discuss a couple of options that Sons of Norway has that may work better for you.

LaRue Hanson –
Financial Benefits Counselor
2523 Shalimar Dr.
Colorado Springs CO 80915-1030
Office # 719-599-8546
Cell # 719-237-7314
Email Lhanson1@msn.com

THE SUNNY CORNER

Anna Snead was recently hospitalized. She is recovering at home now. I wish everyone a healthy and happy New Year!



*Myra Hansen
Sunshine Director
578-1336*

2009 SOCIAL CALENDAR

December 5 - Christmas Tea
December 19 - Family Christmas Party

SONS OF NORWAY FOUNDATION

For those of us who want to know about the Sons of Norway Foundation, here are the objectives:

1. Investing in the future of young people

- Adopt a School program: Volunteer the time and talents of Lodge members to help improve schools in their communities
- Demonstrates a commitment to youth by offering members and their children a number of scholarships to encourage the pursuit of higher levels of education and cultural experiences.

2. Foundation's grant program

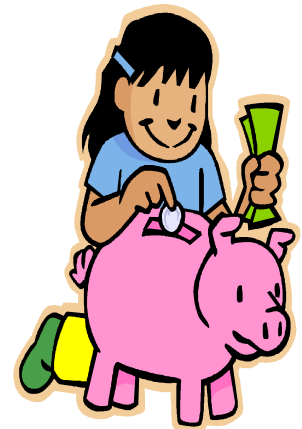
- To support the exchange of cultural resources
- To support the promotion of Norwegian heritage and culture
- To support the involvement in community schools
- To help members who have suffered loss due to natural disasters

At the December 9th business meeting, the "White Pig" will be accepting donations at the coffee table to help Sons of Norway members in need and for scholarship programs for students. Any spare change into the "Pig" will be appreciated.

From 6:30pm-7:00pm, Eunice Bluhm (Present Foundation Director), and Nancy Allen (2010 Foundation Director), will be raffling tickets for the "Santa Skier" (one ticket for 50 cents, three tickets for \$1.00) in support of the Foundation program. Drawing will be conducted during the night's meeting.

With the consensus of the Sons of Norway membership, a monthly raffle will be offered with an exciting prize given to the winning ticket holder. This will be a great way to support our fellow Norwegian members.

Nancy Allen



**LITT PÅ NORSK...
GLADE JUL**

Norsk tekst: B. S. Ingemann

Glade jul, hellige jul!
Engler daler ned i skjul.
Hit de flyver med paradys grønt,
hvor de ser hva for Gud er skjønt.
Lønnlig i blant oss de går.
Lønnlig i blant oss de går.

Julefryd, evig fryd,
hellig sang med himmelsk lyd!
Det er engler som hyrdene så,
dengang Herren i krybben lå.
Evig er englenes sang.
Evig er englenes sang.

Fred på jord, fryd på jord,
Jesusbarnet i blant oss bor.
Engler synger om barnet så smukt,
han har himmeriks dør opplukt.
Salig er englenes sang.
Salig er englenes sang.

**A LITTLE IN ENGLISH
SILENT NIGHT**

English text: John F. Young

Silent night, Holy night
All is calm, all is bright
Round yon virgin Mother and Child
Holy infant so tender and mild
Sleep in heavenly peace
Sleep in heavenly peace

Silent night, holy night
Shepherds quake at the sight
Glories stream from Heaven afar
Heavenly hosts sing Hallelujah
Christ the Savior is born
Christ the Savior is born

Silent night, holy night
Son of God, love's pure light
Radiant beams from Thy holy face
With the dawn of redeeming grace
Jesus, Lord at Thy birth
Jesus, Lord at Thy birth



**SPRUCE UP YOUR TREE WITH A LIMITED
EDITION SONS OF NORWAY CHRISTMAS
ORNAMENT!**

For the first time ever, Sons of Norway is offering a limited-edition Christmas ornament to help you celebrate your Norwegian heritage this holiday season. Proudly displaying the Sons of Norway logo and colorful Telemark Rosemaling design, the ornament will display your Nordic pride as well as be a cherished, colorful addition to your Christmas tree this year.

The ornament is styled with a Telemark Rosemaling design. Noted for its transparent and lyrical style, Telemark's use of organic shapes and scrolls create a dynamic feeling of movement, which carries the eye rhythmically through the design. Also, its color palettes have historically consisted of earth tones, mostly due to rural painters access to inorganic native elements. This year's ornament design preserves these styles and continues the traditions of Norway's earliest artisans.

Remember, this year's ornament is a special offer and quantities are limited. If you'd like to order an ornament for yourself or for someone special, contact Sons of Norway at (800) 945-8851. The cost is \$14.99 + tax and shipping per ornament.

FJORDS STILL TOP ATTRACTION

The scenic fjords of western Norway have topped an international ranking of the world's top tourist attractions once again. National Geographic magazine of the US has listed the fjords as the world's best travel destination for the second time. The magazine, with worldwide distribution, also topped its annual listing with the fjords in 2004. Trond Giske, the new government minister in charge of business and trade for Norway, said it was "very nice" that the fjords had won the distinction once again. Giske said he hoped the flattering attention would result in more tourists coming to Norway.

Views and News from Norway/Nina Berglund



VELKOMMEN STORFJELL 6-169

At 7:17 pm on November 15, 2009, came the much anticipated 'official' birth of your new sister. Her name is Storfjell #6-169. Officiating for this superb occasion were District Six President Janie Kelly, Vice President Lyle Berge, Secretary Carol Lee Solheim and Zone Director Diane Molter.

Accepting congratulatory greetings and gifts given on behalf of all six Colorado lodges, plus other District lodges, were Co-Presidents Alan Sommerfeld and Ransom Rice. The other officers installed were Vice President and Membership Chairman James Pedersen, Secretary Muriel Johnson, Treasurer Jan Hodne, Cultural/Social Debbe Knutson, Counselor Diane Molter and Editor Sandy Pedersen. Their by-laws state that other Directors will be appointed as the need arises; elections will be biennial, with half the board elected on an annual basis.

The snowstorm which occurred during the week-end caused problems and attendance casualties for the six older siblings of Storfjell. Fortunately the weather system was not the same in Grand County where sunshine and wet roads prevailed, not snow packed. The lefse bake from 1:00 – 3:00, held in the Presbyterian Church hall, was attended by at least sixty persons from the communities. Four new members were signed up and paid during this week-end.

There were several lefse grills going and other pastries available as well. The energy and joyful attitude throughout this time was fantastic. Many new and prospective members shared in the rolling of the lefse which we all enjoyed eating both then and again during the catered banquet.

The birth process involved a three year gestation period. This was worth it! Evolving efforts are not always within our (or my) time-frame, but when success occurs it is extra sweet. Our new Colorado sister has high expectations for success. The leaders made a conscious decision last February to proceed with Sons of Norway and not opt out as a Scandinavian social/skiing/hiking group. This commitment was extremely evident throughout our time in the Stor (Grand) fjell (mountain).

Lyle E. Berge
District Six Vice President



2009 OFFICERS

Board of Directors

President Rory Foresman — 640-7280
rory@xpretail.com

Vice President

Counselor Bjørg Mapstone — 264-0955
bjorgmapstone@comcast.net

Secretary

Asst. Secretary Marilyn Keck — 465-2444

Treasurer

Virginia Nelson — 591-7083

Asst. Treasurer

Laurance Moe — 260-9490

Membership Sec.

Bill Hill — 719-544-1321

Program Directors

Social Coordinator

Cultural Programs

Cultural Hostess

Sunshine Director

Youth Director

Sports Director

Foundation Director

Language Teacher

OPEN

Sissel Disbrow — 540-2737

Lyle Berge — 720-470-4961

Dorothy Hanson — 599-8546

Myra/Jim Hansen — 578-1336

Louella/Dan Gavin — 522-1462

LaRue Hanson — 599-8546

Eunice Bluhm — 495-2029

Patricia Staubo — 635-7985

Support Officers

Greeters

Owen Bergland — 576-1396

Jerry Maines — 282-0908

Dennis/Kay Laux — 570-6105

Knut Lyby — 536-0647

kmllyby@msn.com

Musician

Sonja Gund — 473-9588

Publicity Coordinator Sissel Disbrow — 540-2737

Historian Virginia Nelson — 591-7083

Photographer Sissel Disbrow — 540-2737

Librarian Sonja Gund — 473-9588

Viking Sisters

President Grace Johnson — 632-4885

Fjellheim Management Corporation (FMC)

Directors

Agnes Barilovich (2009) — 574-5653

Chuck Sullivan (2009) — 597-0381

Inger Pappas (2010) — 596-7618

Swede Knutson (2010) — 473-3297

Karen Ravnaas (2011) — 390-0621

Espen Jansen (2011) — 265-1789

Trustees Terry Mapstone (2009) — 264-0955

Michael Johaneson (2010) —

303-663-3251

Jerry Johnson (2011) — 495-0253

Committees/Special Activities

Auditors

Dean Tollefson — 473-1110

June Peterson — 599-3235

Marge Berg — 576-1253

Finance Chairman Michael Johaneson — 303-663-3251

Adopt-A-School Sissel Disbrow — 540-2737

Tubfrim Ginny Johnson — 495-0253

Volunteer Hours Cleo Allgood — 598-1982

Field Representative LaRue Hanson — 599-8546

Colorado Zone 8 Director

Diane Molter — 303-288-6014

GRNBViking09@live.com

District 6 Vice President

Lyle Berge — 720-470-4961

Bergenorsk@comcast.net

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TOUGHER TIMES HURT 'JULEBORD' SEASON

The traditional Norwegian *julebord*, a lavish pre-Christmas party often hosted by companies for their employees, seems to be dying out this year. Layoffs and tight budgets are putting a damper on holiday cheer, with several companies cancelling their parties altogether.

ICA, the large grocery store chain, announced late last week that it was cancelling its *julebord* for 12,000 employees. Newspaper *Aftenposten* is also dropping its *julebord*, which in earlier years featured lots of food and drink, live entertainment, dance bands and rock bands for late-night partying.

"The reason is the difficult economic situation and the fact that many people have had to leave us," managing director Kristin Skogen Lund told her own newspaper.

At ICA, the decision to drop its *julebord* was mostly met with understanding. "It doesn't feel right to party when so many of our colleagues have lost their jobs," said one employee.

Scandinavian Airlines (SAS) hasn't sponsored a *julebord* for its employees for several years, but individual departments often organize their own parties, and pay for it themselves.

"We've had employees who had to leave and it sends the wrong signal to arrange expensive parties," SAS spokesman Knut Morten Johansen told *Aftenposten*. "There's understanding for that."

Ronny Lie at Kongsberg Automotive said the company will hold a "modest" *julebord* on its own premises, as will industrial firm Norsk Hydro.

"We haven't had a real *julebord* for quite some time," said information chief Thomas Knutzen at Hydro, saying the party this year will be held in the company canteen.

(Story written November 10, 2009)

Views and News from Norway/Nina Berglund