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 FJELLHEIM 6 – 107, Sons of Norway
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AUGUST / SEPTEMBER 2010

Volume 37, Issue 8/9

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

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MEETING TIME:

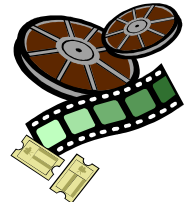
Monthly business meetings held the second Wednesday of every month (except July) at **7:00 PM** at Viking Hall, 1045 Ford Street, Colorado Springs, CO 80915

SEND ARTICLES TO YOUR EDITOR:

Knut Lyby
 5520 Sample Way
 Colo. Spgs. CO 80919
 or to: kmlyby@msn.com
 Phone: 536-0647
Deadline for the October/November issue is September 13th

AUGUST

ICE CREAM AND MOVIE SOCIAL



**Sunday, August 22 at 2pm
 Viking Hall**

Adults \$5.00, children 5-10 \$2.00, under 5 free

Come and join us on a short visual tour (26 minutes) for an exciting train ride from Oslo to Bergen, Norway

Reservations – Bj Mapstone, 264-0955 by August 19

SEPTEMBER

FJELLHEIM ANNIVERSARY LUNCHEON



**Sunday, September 26
 Social time 12:30-1:00pm
 Meal 1:00
 Viking Hall**

Adults \$12.00, Children 5-10 \$6.00, under 5 free
 The menu features baked ham and scalloped potatoes, vegetables, homemade hot rolls, desert and coffee

You are cordially invited to join us as we celebrate the 37th Anniversary of Fjellheim Lodge 107. Commemorative pins will be presented.

Reservations - June Peterson, 599-3235 by September 22

OCT.

BREAKFAST AND CRAFT BAZAAR

Fjellheim Lodge – Saturday, October 2, 2010.

Breakfast 9 am-11 am (Pancakes, bacon, sausage, fruit, coffee and juice)
 \$8 – adults \$6 – kids.

Craft Bazaar 9 am-3 pm. (Handmade crafts, jewelry, pottery, flowers, baked breads, white elephant items. Raffle – Crocheted Tablecloth)

August 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Game and Card Night - 5 PM, Viking Hall	4 Norwegian Language Class - 7:00 PM Board Meeting - 7:00	5 Viking Sisters - 1PM	6	7
8	9	10	11 Potluck Salad Supper - 6:00 PM Lodge Meeting - 7:00 PM, Viking Hall	12	13	14
15	16	17	18 Norwegian Language Class - 7:00 PM	19 Ladies Lunch - 11:30 AM, MacKenzie Place - Union/Fillmore, Bev Broin - 593-2231	20	21
22 Ice Cream and movie social, - 2 PM, Viking Hall	23	24	25 Norwegian Language Class - 7:00 PM	26	27	28
29 Dine Out	30	31				

September 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Norwegian Language Class - 7:00 PM Board Meeting - 7:00	2 Viking Sisters - 1PM	3	4
5	6 Labor Day!	7 Game and Card Night - 5 PM, Viking Hall	8 Lodge Meeting - 7:00 PM, Viking Hall Fjellheim's 37th Anniversary	9	10	11
12	13 Deadline for October/ November Flammen	14	15 Norwegian Language Class - 7:00 PM	16 Ladies Lunch - 11:30 AM, LeBistro - 1015 W. Colo. Ave. Nancy Allen - 310-2466	17	18
19	20	21	22 Norwegian Language Class - 7:00 PM	23	24	25
26 Anniversary Luncheon - 12:30 PM, Viking Hall Dine Out	27	28	29 Norwegian Language Class - 7:00 PM	30		

MEMBER BIRTHDAYS

JULY

- 3 Phyllis Smith
- 5 George Gund
- 6 Troy Jahnke
Terry Mapstone
- 7 Grace Johnson
- 9 Pamela Bakken-O'Neill
- 10 Maynard Larson
- 13 Vivian Johnson
- 14 Marie Berggren
- 19 Anne Beahler
- 20 Roland Rodvold
- 22 Joan Botten
- 30 Omer Nau

AUGUST

- 3 Tillman Opsal
- 4 Eunice Sonsteli Bluhm
Betty McIntyre
- 5 Todd Taskerud
- 8 Dennis Lundmark
Åshild Telise Rodelv
- 9 Daniel Mattson
Jessica Robinson
- 11 Kay Laux
- 12 Anders Hall
- 16 Virginia Johnson
- 17 Denise Bishop
- 18 Elsie Gonsholt
- 19 Beverly Disch
Catherine Berg
Myra Hansen
- 20 Everett Snead
June Williams
- 21 Sara J. Berge
- 23 Duane Hyland
Louella Gavin
- 29 Harvey Karlsen

SEPTEMBER

- 2 Paul Rygg
- 3 Cleo Allgood
- 6 Joyce Gustafson
- 7 Rodger Erickson, Sr.
- 8 Karla Roth
- 10 Carol Palmen
- 13 Carol Hilton
Ingrid Grove
Kenneth Halvorson
Shane Jahnke
- 15 Berniece Ankeney
Martha Hawkinson
- 16 LaRue Hanson
- 20 Dennis Laux
- 21 Herbert Tangen
- 24 Lucille Moe
- 25 Ruth Wiig
- 27 Marianne Reisinger
- 28 Glenn Enderud
- 29 Sissel Disbrow
- 30 Helen Mattson
Mary Brooks

HERITAGE AND YOUTH

JULY

- 22 Connor Gavin

AUGUST

- 5 Alyssa Smith
- 8 Trevor Oldervik
- 15 Grant Wiest
- 21 Madison Smith
- 26 Avery Lawyer

SEPTEMBER

- 5 James Hardy
- 14 Charlotte Coltrin
- 29 Henry Wurzer

GRATULERER MED DAGEN
ALLE SAMMEN!!

GAME AND CARD SOCIAL

August 3, 5 PM, Viking Hall
September 7, 5 PM, Viking Hall

A pot luck meal followed by cards and games. Hope to see you there. If you have any questions, please call Grace Johnson at 632-4885.



LADIES LUNCHEON

August 19, 11:30 AM. MacKenzie Place at the South West corner of Union and Fillmore. Contact Bev Broin at 593-2231 for reservations.

September 16, 11:30 AM. LeBistro, 1015 W. Colorado Ave. Contact Nancy Allen at 310-2466 for reservations.

As always, men are welcome at their own table.



CULTURAL INFO

The August 11th Lodge Meeting will begin at 6:00 p.m. with a potluck salad supper. Please bring a salad, meat tray, or dessert to share. Bread will be provided. The business meeting will begin at 7:00 p.m..

Bud Smock will present the program on August 11th. He and his wife spent three weeks in Norway last summer and will speak and show pictures of their stops in several places, especially including a stay in Fredrikstad where he recently discovered family. Bud and Harriet belong to Vestafjell in Grand Junction where he was involved in the early Barneløp and continues active in Boy Scouts. Harriet was raised in Peyton. Also at our Aug. 11 meeting, Fjellheim's District Lodge meeting delegates will be sharing their report.

The September meeting is on Fjellheim's Institution date of the 8th. We are asking members to voluntarily tell of how they heard of Sons of Norway, how they were approached and why they joined. Everyone who wishes is invited to tell of their first experience, both Charter members and those who joined later. We hope these experiences will translate into how to attract future members to Fjellheim.

Thank you to Ginny Johnson and Dorothy Hanson for lining up refreshment hosts each month.

Sissel Disbrow and Lyle Berge
Co-cultural Directors

KEEP THE DATES

Sunday, August 22 - Ice Cream and Movie social

Sunday, September 26 - Anniversary Luncheon

Saturday, October 2 - Breakfast/Bazaar

Saturday, November 13 - Lutefisk Dinner

Saturday, December 4 - Christmas Tea

Sunday, December 19 - Family Christmas Party



FROKOST THANKS

Many thanks to all the Frokost volunteers. We had another successful Frokost, thanks to all of you. Our attendance was 225 and our PROFIT was \$2,675.65!! As I have said in the past, without the help of all of you, our Frokost would not be held. Many of you donated food and decorations, but most of all, you gave of your time. You prepared much of the food at home or at the lodge, you came to the Lodge two days prior to the event to offer assistance, and then stayed and cleaned up after the party!!

I say this to my fellow members and friends: You are the greatest! We all do these events to preserve our heritage and culture, for the love of our Lodge, and to honor our parents and friends who came to America to start a new life. It is with great appreciation that I personally thank each and everyone of you for your Outstanding participation.

Fraternally yours, Sissel Disbrow

EUROFEST

Vesterheim and Fjellidalen will be sharing a booth at Colorado's 3rd Annual Eurofest. This takes place Saturday, August 28 from 10am to 10pm, at the Civic Green Park, 9370 Ridgeline Blvd, in Highlands Ranch. Last year Fjellheim had a booth there to promote the Sons of Norway. Members of both Vesterheim and Fjellidalen came to help. This year we will be selling a few of our crafts to cover the cost of our booth space, as well as promoting the local Sons of Norway lodges and their activities with our brochures.

The Eurofest is aimed at establishing a bridge between the different European communities in Colorado as well as exposing their cultures to an American audience. There will be opportunities to enjoy a variety of European food and traditions, as well as some live music and dance. This is a free family event. Come on down, enjoy the festival, and visit our booth. www.eurofestival.org.

If anyone would enjoy helping out, please contact Cathy Allen at 303-449-9596/boulderlady@msn.com or Crystal Sundet at 720-283-8592/crystobel@hotmail.com. You can come for as few or as many hours as you wish and spend a pleasant afternoon promoting Norwegian heritage and getting the chance to know other Sons of Norway members better.

NOMINATING COMMITTEE 2010

It is time to be thinking about the election of Officers and Directors for 2011. We need a Nominating Committee established at our September Lodge meeting. It will be their responsibility to prepare a Slate for presentation in October with elections to follow in November. Please consider the opportunity to participate in the operation of your Lodge.

Bj

SPRINGS SPREE

Mange Tusen Takk to all of you who helped with the Springs Spree. An event like that takes many hands and they were there along with the many donations received. As a fundraising event we didn't do as well as we hoped, but we sure had a good time preparing for it. The camaraderie on baking days was great. Spirits were high and fun was had both in preparing for and at the event. We are well prepared with lefse and krumkake for our next fundraising event at the Lodge. Again, thanks to everyone for all your hard work.

Kathy

FMC REPORT

Some general maintenance was done. A few light fixtures were checked out and/or tubes were replaced. It has been too hot to do anything.

Swede

FROM YOUR BENEFITS COUNSELOR

You may notice some extra attention in the media this month about life insurance. September is Life Insurance Awareness Month. Think back over the past 12 months. Did you lose a loved one or know of a sad situation others have been through? The emotional loss is so difficult to deal with, if the financial burden could be lessened wouldn't that be a help to a family struggling to cope? No matter the age of the departed, if they died suddenly or after an illness it is so hard to be prepared for what comes after. If you could ease the burden for your family by having a life insurance policy to pay for final expenses, pay off the mortgage, help raise the kids or provide for financial security wouldn't you do it? Have you?

I have yet to deliver a death benefit check to a family that that said, this is too much, we don't need it, or why did they spend money on premiums for this? It's more like, you don't know how much this will help, they were always thinking of us.

68 million adult Americans are under insured or have NO life insurance whatsoever. Not having life insurance could be costly, plus it's more affordable than you might think! As your Financial Benefits Counselor I would be available to meet with you and assist you with all of your life insurance needs, call today! Aren't your dreams worth protecting?

LaRue Hanson,
Financial Benefits Counselor
2523 Shalimar Dr.
Colorado Springs, CO 80915-1030
Office 719-599-8546
Cell 719-237-7314
E-mail: Lhanson1@msn.com

THE SUNNY CORNER

Happy Birthday and Happy Anniversary to all those celebrating in July, August and September. Hope your special day was filled with excitement and fun memories with family and friends.



Dorothy Hanson had her most recent (and hopefully her last) surgery and is recovering well. Carol Palmen broke her ankle and reports that she is healing. Kathy Oldervik has sprained her ankle and says it is still very much a "pain in the ankle!" It has slowed her down and I know there are a lot of us that are relieved that it didn't happen before Spring Spree - Uff da!! Marie Berggren had a stroke in June and is recuperating quite well and is back to herself. Get well soon and take care. We are all thinking of you and wishing you the best.

We have lost several members and friends in the past few months: Anna Snead, Olav Gonsholt, Marlowe Sorge, and Marge Berg. Hans and Vivi Bjornen have lost their son-in-law, David Jahnke. Please keep all of these families in your thoughts and prayers.

Until we meet again, a thought for your day: *"Some people are making such thorough preparations for a rainy day that they aren't enjoying today's sunshine."*

Mange Tusen Takk,
Karen Ravnaas
390-0621

MEMBERSHIP PIN RECIPIENTS

The following members will be recognized for their years of membership by receiving their anniversary pins at Fjellheim's 37th anniversary celebration on September 26, 2010.

Also, if you have not been able to attend our anniversary celebration the past several years and you were due a pin, please contact me at 596-6927 to make arrangements to receive it.

Kathy Oldervik
Membership Secretary

5 Year: Tove E. Palmer, Einar J. Wulfsberg

10 year: Carol J. Eacker, Jennifer J. Forbes, Marilyn M. Keck, Jerry W. Maines, Bjørg Mapstone, Terry L. Mapstone, Karen K. Ravnaas

15 Year: Mechelle M. Berge, Sonja Sue Gund, Tillman C. Opsal, Marianne Reisinger

20 Year: Curtis O. Aaland, Darlene B. Aaland, Fernon M. Gustafson, Joyce F. Gustafson, Elaine Hellem, Eleanor D. McLeod, Nanette Walker Smith

25 Year: Lyle E. Berge, June E. Peterson, Kathlyn J. Steinke

35 Year: Bernice O. Ankeney, Donald C. Ankley, Agnes Barilovich

40 Year: Pamela Bakken-O'Neil

45 Year: Joan Botten

55 Year: Orlin N. Knutson

SONS OF NORWAY FOUNDATION

Summer is here and before you know it, Fall will be upon us. Just a reminder to you that October 2010, is Sons of Norway Foundation month. Hope all of you are saving "A Coin a Day the Foundation Way" in your soda can bank. That's \$ 7.50/month for 10 months, or give what you can in supporting our Norwegian brothers/sisters.

Funds are sent to National SON to support scholarships for our children and grant programs to support exchange of cultural resources in promoting Norwegian heritage in our community. Please make your checks out to Sons of Norway Foundation; Nancy Allen, your Foundation Director, will be at the monthly meetings to collect your checks and send them onto Minneapolis, Minnesota, our SON National Head-quarters.

Congratulations to Kerry Hefta, for winning the beautiful "Uff Da" apron lovingly made by one of our SON lodge member, Cathe Berg. This raffle raised \$ 38.00 for the Foundation! Thanks one and all for your donations and support.

Dorothy Hanson will be donating a gorgeous plant for the Raffle at the August 11th SON Lodge meeting. This will be a wonderful "bringing the outside-indoors" to grace a room with color and beauty. Tickets will be on sale (\$.50 for one; \$1.00 for three) from 6:30pm and during the meeting until the drawing. September 8th, SON meeting Raffle will feature a hand-turned maple bowl--one that can hold fruit or anything to your imagination. It's a one-of-a-kind, so don't miss this meeting.

Bakers and Volunteers are needed for the Breakfast and Crafts Bazaar sponsored by our Fjellheim Lodge that will be on Saturday, October 2, from 9am – 3pm. (Breakfast 9am-11am; Bazaar 9am-3pm). For fund raiser for our Lodge and Foundation, we need bakers to make mini-loaves of breads (your favorite recipe) to sell at this event. Also, we will be having a table for "white elephants" sales, so think about bringing an item from your home for sale that you think someone else would treasure. All sales from this table will go into our Fjellheim Lodge account.

We will need volunteers for the breakfast and helpers to set up tables, servers, greeters, collect money from vendors, sell raffle tickets, and sign-up for clean-up.

Sign-up sheets for bakers and volunteers will be at the August and September meetings. Yes, we will be raffling an attractive beige crocheted tablecloth plus another item to be announced later.

Let's make this a success to increase our funds in maintaining our building and giving back to the Foundation in helping our fellow Norwegians.

Nancy Allen, Foundation Director

IN MEMORIAM

Anna S. Snead 1932-2010

Anna was born in Bergen, Norway to parents Gerdt S. and Randi A. Vedeler. She moved to Colorado Springs in 1972 and was retail store manager for Rainbow Bakeries. In June of 1972, she married loving husband Everett Snead. Anna is survived by her husband, her daughter Randi V. Clark (Bob), sister Birgit, 3 grandchildren and 3 great-grandchildren. She was preceded in death by her parents and children Elisabeth R. Small, Alf B. Rustad, Scott E. Snead. Anna was deeply devoted to her family and had many friends at Prince of Peace and Sons of Norway.

From the earliest days of our Lodge, Anna supported it with wonderful dishes for our potlucks and some beautiful cakes. She and Everett were regulars and could be counted on to support our activities. As time went by, she very ably served as Social Director and also as chairperson of the Frokost, re-emphasizing some of the authentic Norwegian touches. She cooked the surkål for our Christmas dinners for many years. She was a fun person who took part in our skits and talent shows. She had a real talent for ad libbing, making up lines if a scene required it. She enjoyed skiing and participated in several Lodge ski trips.

Anna was the central figure in her family and was the organizer and cook for holiday meals for large family gatherings. One member of her extended family remarked, "Anna is the mother of us all". She suffered a great deal of adversity in her life, having lost several children and caring for some through long illnesses. Through it all, she persevered, and even reached out to others who were going through difficult times.

We remember her as a strong, courageous, and compassionate person with a delightful Bergensk sense of humor.

Olav Gonsholt 1927-2010

Olav was born in Siljan, Norway, and immigrated to the United States in 1950. He served in the United States Air Force and later attended the University of Minnesota obtaining a degree in Foreign Trade. He was employed by Caterpillar, Inc. for 30 years and spent 16 years in assignments in Brussels, Zurich, and Tokyo before returning to Peoria, Illinois.

He married Estelle Allard in 1957 who preceded him in death in 1997. He is survived by Elsie Christensen whom he married in 1999, his son Bruce and wife Karen, and grandson Dylan.

He joined the Sons of Norway in 1984. His early life in Norway and his professional life in various locations in the world brought us a wealth of experience and knowledge. He served as president of the Lodge as well as several other leadership posts. He was an excellent organizer and, as a recruiter, brought many members into the lodge. Well versed in financial matters, he chaired the finance committee for many years.

Olav was a cultured person who enjoyed the finer things in life. Whenever he organized an activity, one could be sure that it was done properly with style and grace. He touched us all and we remember him with fondness and appreciation.

We offer our sincere sympathy to the family.



Marge Berg 1921-2010

Marge Lorraine Nelson was born in Minneapolis, Minnesota, to Alfred and Leona (Noreen) Nelson. She was a 1939 graduate of South High School in Minneapolis and was married to Lawrence I. Berg on September 4, 1943 at St. Albert's Church in Minneapolis.

She was preceded in death by husband Larry Berg in 2003 and is survived by her sons Larry (Mitzi) Berg of Waseca, Minnesota, Patrick Berg of Stockton, California, and five grandchildren.

Marge played an important part in the life of the Lodge, serving as Financial Secretary for 30 years maintaining membership records, dues payments, and facilitating deposits of Lodge funds. She also organized and coordinated the annual audits of Fjellheim.

She and husband Larry participated actively in Lodge events. In particular, she is remembered for being the lead cook for vegetables and sauces at our annual Lutefisk Dinners held at Benet Hill Center. She was a no nonsense person with flashes of humor and mischief at appropriate moments.

We remember her with appreciation and fondness.

Marlowe Benson Sorge 1923-2010

Marlowe Benson Sorge passed away peacefully on July 2, 2010 with his family by his side. He was born in 1923 in Michigan City, Indiana.

He attended Indiana University and the University of Kansas earning a Master's Degree. He served thirty years in the United States Air Force and retired with the rank of Colonel after a distinguished career. Among his numerous decorations was the Commander's Cross of the Order of St. Olaf from the Norwegian government. Mr. Sorge was a Golden Member of Fjellheim Lodge of the Sons of Norway.

He is survived by his wife Jo, seven children, twelve grandchildren, two great grandchildren and also three younger brothers.

AUGUST/SEPTEMBER PRESIDENT'S MESSAGE

I hope you are enjoying this wonderful summer! The past few weeks have flown by and here it is time again to get my act together and compose my President's Message.

As I refer to my last Message to see where I left off, I must begin by thanking our Social Directors Cleo Allgood and Elaine Hellem and their committee for a wonderful 17 Mai Celebration. Our children and grandchildren had a ball with the carnival games.

June was a busy month for many of us as we prepared for Springs Spree. We had a beautiful booth and thanks to Doug Haug we had a splendid new Fjellheim banner and, thanks to the many dedicated members who labored in the Lodge kitchen sharing in their cooking heritage, we also had delicious food to sell. Kathy Oldervik did a terrific job coordinating with the Event Committee and making sure we were completely organized. June 19 and 20 was hot and windy. There were times when we all reached up and held on to the canopy for fear of it taking off. In spite of all our plans and preparation, things didn't turn out as we had hoped but we met lots of interesting folks and presented Fjellheim Lodge and Sons of Norway to our community with great enthusiasm. Thanks again to all who gave their time and monetary support.

The District 6 Sons of Norway Convention was held on June 23-26 in Modesto, California. The host Lodge did a terrific job of organizing everything from hotel rooms to cookies for coffee breaks. Your Fjellheim delegates participated in all meetings, discussions, voting and social events. We enjoyed the opportunity of representing our Lodge. During the course of the Convention meetings, Fjellheim Lodge was presented with a Silver Merit Award 2009 and a Gold Merit Award for 2008 for fraternal excellence. Congratulations to our new District 6 President Lyle Berge!! The rest of the Board is as follows: Vice President- Mary Beth Ingvaldstad, Secretary-Wendy Winkelman, Treasurer-Roger Espeland and Public relations Officer-Erik Pappa. Janie Kelly was elected International Director and our new Zone 8 Director is Crystal Sundet. We wish them all the best as they work on our behalf.

On June 29th we enjoyed a buffet dinner and a great baseball game at Sky Sox Stadium. Thanks, Dean Tollefson for organizing the evening. In August we will have an Ice Cream Social and a short movie about Bergensbanen, the train ride from Oslo to Bergen. Hope you join us for an afternoon of fellowship. Fjellheim will celebrate our 38th Anniversary on September 29th with a Luncheon at which commemorative pins will be presented.

The 2010 Zone 8 Kretsstevne is planned for September 17-19 in Green Mountain Falls which is right in our back yard. Lots of activities and together time are planned. Lodging is available or you can make it a day trip on Saturday. This is a great opportunity for us to get together with members from other Colorado Lodges.

Foundation Director Nancy Allen has been busy planning a craft Bazaar and Breakfast for October 2nd. Please give her your support!!

We mourn the passing of several Lodge members this summer and extend sincere sympathy to their families and friends.

We started 2010 with a strong resolve to watch our pennies and try not to dip into investment funds. So far, so good. Thank you one and all!

So, we have a full schedule to start off the rest of 2010!! I look forward to seeing all of you soon.

Ej

2010 OFFICERS

Board of Directors

President	Björg Mapstone — 264-0955 bjorgmapstone@comcast.net
Vice President	Kathy Oldervik — 596-6927
Counselor	Rory Foresman — 640-7280
Secretary	Marilyn Keck — 465-2444
Asst. Secretary	Virginia Nelson — 591-7083
Treasurer	Laurance Moe — 260-9490
Asst. Treasurer	Bill Hill — 719-544-1321
Membership Sec.	Kathy Oldervik — 596-6927

Program Directors

Social Coordinator	Cleo Allgood — 598-1982 Elaine Hellem — 471-8552 Betty McIntire — 635-5294
Cultural Programs	Sissel Disbrow — 540-2737 Lyle Berge — 720-470-4961
Host/Hostess	Dorothy Hanson — 599-8546 Ginny Johnson — 495-0253
Sunshine Director	Karen Ravnaas — 390-0621
Youth Director	Louella and Dan Gavin — 522-1462
Sports Director	Kerry Hefta — 266-9429
Foundation Director	Nancy Allen — 310-2466
Language Teacher	Patricia Staubo — 635-7985

Support Officers

Greeters	Owen Bergland — 576-1396 Ken Halvorson — 632-6003
Marshals	Ole and Joan Bakken — 632-3892
Editor	Knut Lyby — 536-0647 kmlyby@msn.com
Musician	Sonja Gund — 473-9588
Publicity	Eunice Bluhm — 495-2029
Historian	Virginia Nelson — 591-7083
Photographer	LaRue Hanson — 599-8546
Librarian	Sonja Gund — 473-9588

Viking Sisters

President	Grace Johnson — 632-4885
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Fjellheim Management Corporation (FMC)

Directors	Agnes Barilovich (2009) — 574-5653 Chuck Sullivan (2009) — 597-0381 Inger Pappas (2010) — 596-7618 Swede Knutson (2010) — 473-3297 Karen Ravnaas (2011) — 390-0621 Paul Wiig (2011) — 596-6159
Trustees	Terry Mapstone (2009) — 264-0955 Michael Johaneson (2010) — 303-663-3251 Jerry Johnson (2011) — 495-0253

Committees/Special Activities

Auditors	Dean Tollefson — 473-1110 June Peterson — 599-3235 Millie Sullivan — 597-0381
Finance Chairman	Michael Johaneson — 303-663-3251
Adopt-A-School	Roseann and Rory Foresman — 640-7280
Tubfrim	Ginny Johnson — 495-0253
Volunteer Hours	Cleo Allgood — 598-1982
Field Representative	LaRue Hanson — 599-8546

Colorado Zone 8 Director

Crystal Sundet — 720-283-8592
crystobel@hotmail.com

District 6 President

Lyle Berge — 720-470-4961
bergenorsk@comcast.net

**Sons of Norway
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Knut Lyby, Editor
Viking Hall—Fjellheim 6-107
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GREETING FROM YOUR NEW ZONE 8 DIRECTOR

I am pleased to introduce myself to you as your new Zone 8 Director. I look forward to working with all of our Colorado lodges and to being your representative to the District Board.

For those of you who don't know me, I have been a member of Sons of Norway for 26 years, originally a member of Trollheim Lodge and currently Fjellaldalen Lodge. Due to my employment with the government and overseas assignments, I have missed out on many years of local lodge activity, but personal connections kept me aware of your activities. I am currently serving as President of Fjellaldalen Lodge following 2 years as Vice President. Prior to my overseas assignments I served as Secretary and President of Trollheim Lodge. My Norwegian heritage is very important to me, as I know it is to all of you. We are fortunate to have 7 active lodges in our zone. Although we are separated by miles, I am hoping we can find activities that will be of interest and exciting for all to take part in. Beginning with our Kretsstevne, in Green Mountain Falls, September 17, 18, 19!

I am requesting all lodge secretaries to send me an updated copy of their annual lodge calendar. I will make a Zone calendar for the remainder of 2010 with events listed for all lodges, so we can eliminate a scheduling conflict and take part in other lodge activities.

We have a whole new District 6 Executive Board, starting with our own Lyle Berge (Fjellheim Lodge) being our District 6 President! It was quite exciting when they announced him the winner of the vote! Our new Vice President is also well known to Colorado – Mary Beth (ChooChoo) Ingvoldstad (Vikings of Lake Lodge) was a very active member of Fjellheim Lodge in Colorado Springs before being swept off her feet, married and moved to California. Our new Secretary is Wendy Winkleman (OvertroFjell Lodge) Mesa, AZ; our Treasurer, Roger Espeland (DesertFjord Lodge) Scottsdale, AZ; and Public Relations, Erik Pappa (Vegas Vikings) Las Vegas, NV. This is an excellent board, and I believe a first, to have our executive board representing 4 of the 5 states in District 6 with lodges. (There are no SON lodges in New Mexico or Hawaii.)

I look forward to working with all of you and though I already know many of you, getting to know all of you. If you have questions and/or suggestions, please feel free to contact me at 720-283-8592 or crystobel@hotmail.com. I also look forward to seeing you all at special functions and at meetings. Let's make Zone 8 ROCK!

Fraternally,
Crystal Sundet
Sons of Norway
District 6 - Zone 8 Director
2884-G West Long Circle
Littleton, CO 80120