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MARCH/APRIL 2010

Volume 37, Issue 3/4

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

Inside this issue:

Calendar	2
Birthdays	3
Upcoming Events	3
Sunshine	5
2010 Officers	7

MEETING TIME:

Monthly business meetings held the second Wednesday of every month (except July) at **7:00 PM** at Viking Hall, 1045 Ford Street, Colorado Springs, CO 80915

DO YOU WANT TO CONTRIBUTE AN ARTICLE?

Send it to your editor:
 Knut Lyby
 5520 Sample Way
 Colo. Spgs. CO 80919
 kmlyby@msn.com
 Phone: 536-0647

MARCH

ST. PATRICK'S DAY CELEBRATION

Sunday, March 21

Social time: 12:30 pm - Lunch: 1:00 pm

Adults: \$15.00

Children: (5-12): \$5.00

under 5: Free



CORNED BEEF, CABBAGE, POTATOES, & CARROTS, ROLLS & BUTTER, DESSERT

ENTERTAINMENT BY TOM O'BOYLE

for reservations call: Virginia Nelson: **591-7083** by **16 March**

APRIL

FROKOST

AUTHENTIC NORWEGIAN BREAKFAST

Sunday, April 18

11:00AM - 1:00 PM, at Viking Hall

Members: \$15.00

Non-members: \$17.00

Children 12 and under: \$8.00

Children not requiring a seat: free



Menu lovingly prepared by your fellow members who wish you a hearty *velkommen til bords!*

Baked honey ham, roast beef, liver sausage, salami, roast pork, head cheese, gjetost, jarsberg, swiss cheese, tomatoes, coleslaw, pickled herring, sardines, smoked salmon, scrambled eggs, deviled eggs, salmon mousse, crab salad, potato salad, cucumber salad, pickled beets, dill pickles, lingonberries, vafler, fresh fruit, lefse, jule kake, cardamom bread, apple cake, flat bread, knekkebrød, coffee, orange juice

RSVP by April 14. Make checks payable to Sons of Norway.

Send checks to Laurance and Lucille Moe
 6726 Bitterroot, Colorado Springs, CO 80923.

Phone 719-260-9490.

March 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Game and Card Night - 12:30 PM, Viking Hall	3 Norwegian Language Class - 7:00 PM Board Meeting - 7:00	4 Viking Sisters - 1PM	5	6
7	8 <i>International Women's Day</i>	9	10 Lodge Meeting - 7:00 PM, Viking Hall	11	12	13
14 <i>Daylight Saving Time starts</i>	15	16	17 Norwegian Language Class - 7:00 PM <i>St. Patrick's Day</i>	18 Ladies Lunch - 11:30 AM, Elephant Bar, 7585 N. Acad. Blvd.	19	20 <i>Vernal equinox</i>
21 St. Patrick's Day Social, 12:30 PM, Viking Hall	22	23	24 Norwegian Language Class - 7:00 PM	25	26	27
28 Dine Out <i>Palm Sunday</i>	29	30	31 Norwegian Language Class - 7:00 PM			

April 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Viking Sisters - 1PM <i>Skjærtorsdag Maundy Thursday</i>	2 <i>Langfredag Good Friday</i>	3 <i>Påskeaften</i>
4 <i>1. påskedag Easter Sunday</i>	5 <i>2. påskedag</i>	6 Game and Card Night - 12:30 PM, Viking Hall	7 Norwegian Language Class - 7:00 PM Board Meeting - 7:00	8	9	10
11	12	13	14 Lodge Meeting - 7:00 PM, Viking Hall	15 Ladies Lunch - 11:30 AM, Biaggi's, 1805 Briargate Pkwy. Tax Day	16	17
18 AUTHENTIC NORWEGIAN FROKOST, 11 AM, Viking Hall	19	20	21 Norwegian Language Class - 7:00 PM <i>Administrative Professionals Day</i>	22 <i>Earth Day</i>	23	24
25 Dine Out	26	27	28 Norwegian Language Class - 7:00 PM	29	30	

MEMBER BIRTHDAYS

MARCH

1	Dean Tollefson
3	Rory Foresman
8	Mechelle Berge Kathleen Harstad
9	Teresa Halvorson
14	Al Wonstolen
17	Kristi Erdal
18	Darlene Aaland Delores Gagnon
20	Harold Christensen
23	Owen Bergland
24	Karen Ravnaas
29	Fernon Gustafson

APRIL

1	Tyrone Steen
5	Doris Lake
6	Troy Erickson Stasia Erickson
12	Vickie Bross Lyn Wonstolen
15	Lorraine Timm
17	Lyle Berge
22	Jennifer Forbes
25	Paul Greenfield
27	Randy Johnson
30	Torin Berge Carlton J Johnson

HERITAGE & YOUTH

MARCH

7	Breanne Skalicky
8	Caleb Olive
19	Johan Bu
24	Tyler Leitte
29	Cory Jones

APRIL

2	Kolben Barney
4	Erin Houston
6	Jacob Russell
10	Henrik Lyby
24	Timothy Coltrin
27	Caitlin Skalicky
28	Andrew Wiegers

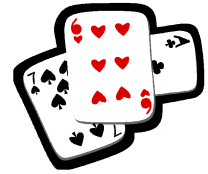
GRATULERER MED DAGEN
ALLE SAMMEN!!

GAME AND CARD SOCIAL

The next two game and card nights are Tuesday, March 2nd and Tuesday April 6th at Viking Hall at 12:30pm.

A pot luck lunch followed by cards and games. Hope to see you there.

If you have any questions, please call Grace Johnson at 632-4885.



LADIES LUNCHEON

The Ladies Luncheon for March will held on Thursday the 18th at 11:30am. We will meet at The Elephant Bar at 7585 N. Academy Blvd. Please call Martha Hawkinson at 599-0578 or Rosa Strand at 598-2624.



In April, we will be meeting at Biaggi's Italian Restaurant at 1805 Briargate Pkwy. (Shops at Briargate). This will be on Thursday, April 15th at 11:30am. Please call Nancy Allen at 310-2466.

As always, men are welcome at their own table.

SUNDAY AFTERNOON DINE OUT

The March 28 Dine Out will be hosted by Lois and Ken Halvorson. A place will be announced at the upcoming business meeting. For questions, please call Ken or Lois at 632-6003.

CULTURAL PROGRAMS

On March 10th there will be a video on the Lutefisk dinner held at Norrona Lodge, Van Nuys, CA as filmed by the local TV newscaster.

On April 14, there will be a presentation by Pikes Peak Whittlers. This will include showing several pieces of the Norwegian woodcarving style.

A special thanks as always to the hostesses and hosts.

Takk, Lyle and Sissel

OSLO AGED 2,000 YEARS IN A DAY

It isn't everyday that history is re-written, but in Oslo it may need to be. New artifacts found in an archeological excavation in Ekeberg, an eastern suburb of Oslo, suggest that people inhabited the area more than 2,000 years earlier than experts previously thought. The artifacts found include flint chips as well as other evidence of tool production.

Archeologists have also located what is believed to be a settlement. Originally located at the water's edge, the settlement is now part of the hillside due to the melting of the ice cap and land shifts. According to Kristine Reiersen of the Central Office of Historic Monuments around 8-12 people lived in the region.

Adapted from: The Norway Post

SONS OF NORWAY FOUNDATION

Congratulations to Kay Laux and family for winning the Longaberger pottery table lamp that was raffled off at the February 10th SON Lodge monthly meeting. The raffle raised \$35.00 for the Foundation. Thanks to one and all for your donations to this worthy cause.

The March raffle, for the March 10th meeting, will feature a stuffed Rabbit in a beautiful crocheted collared dress just in time to display on anyone's bed, sofa, or that special place at home to celebrate the Easter Holiday.

For the April 14th meeting, a custom "old work shoe" planter from Grand Lake, Colorado, will be featured with living foliage (greenery) inside the boot. Spring time will be just around the corner.

Hope all of you are saving 25 cents per day in the "A Coin a Day the Foundation Way" fund raiser for the Sons of Norway. Easy way to remember, at 25 cents/day is really \$1.75 per week. If you'd like to donate each month, make you check (\$7.00) to Sons of Norway Foundation and give to Nancy Allen, your Foundation Director at the monthly meetings. OR, if you like, give quarterly (\$ 21.00). This fund drive will finish at the end of October 2010. Your donations are tax deductible, and will be used for grants and scholarships and helping fellow Norwegian SON members who experience hardships through environmental disasters (floods, fires, storms). Your continued support takes care of our own.

Thank you for all your donations.

Nancy Allen
Foundation Director

ZONE 8 NEWS

The seven Colorado lodges are busy with our Membership and Leadership Conference this February 6th, planning and coordinating our events for 2010 and beyond. We will be hosting workshops on Membership R & R, Lodge Interactive Programming, Being an Effective Delegate and Working Together on Festivals, Fundraisers and Events. The Past Presidents Club will also have a short meeting.

We have a full year calendar of events beginning with Lodge Anniversaries and the District 6 Barneløpet at Snow Mountain Ranch YMCA and Grand Mesa. Our special guest will be District 6 President Janie Kelly. (Download the Barneløpet information at the Events section at sonsofnorway.com). Our newest Lodge Storfjell 6-169 will be receiving its Charter.

Storfjell is working on a Rosemaling Seminar to be held at Snow Mountain Ranch in summer or fall. Stay tuned for more details. We are working together to support Fjellheims Spring Frokost, Trollheims Smorgasbord and 17th Mai Parades and Celebrations at Fjellheim, Trollheim, Steinfjell, Vesterheim, Fjelldahlsens and Storfjells.

Vestfjell on the western slope will also be celebrating 17th of Mai and is planning a great 20th Anniversary Party for June 12th. Please join us as we Celebrate and Share our rich Culture and Heritage!

Diane Molter

FMC REPORT

Thanks to Espen Jansen for serving on the FMC Board. And thanks to Paul Wiig for filling that vacancy.

We are still waiting on a part to repair one of the reach in coolers.

Swede

CORRECTION 1

We omitted a letter in the email address for Dane Dane in the Lodge Directory. The correct email address is: danddane@yahoo.com

CORRECTION 2

On page three of Jan/Feb under the Christmas tee, the name of the entertainer should be Lou Moe, not Moen. We apologize.

FROM YOUR FINANCIAL BENEFITS COUNSELOR

As you look over your 1099's and other investments for your taxes it's a good time to also check your returns on investment from 2007. One other check to make is your total investment amount per financial institution. You do not want to be over the insured amount. If you are unhappy with your returns or are over the insured amount you should consider re-allocating a portion to another financial institution. Sons of Norway has an excellent alternative with an annuity. Your investment is 100% guaranteed and depending on the amount you deposited will determine your interest rate. For more information please give me a call.

LaRue Hanson - Financial Benefits Counselor
2523 Shalimar Dr.
Colorado Springs CO 80915-1030
Office # 719-599-8546
Cell # 719-237-7314
Email Lhanson1@msn.com

THANK YOU!

Ruth and I would like to thank the ladies of the lodge and Robin for their help and support in the Memorial service for my Mother, Esther Wiig. The food was both plentiful and delicious. And a big Thanks to all who pitched in on the clean up. We are so humbled and grateful for your support.

Mange Tusen Takk!

Paul and Ruth Wiig

VOLUNTEER HOURS

Start now keeping a record of volunteer hours for 2010. Whenever you have a group together to work on something for the Lodge or a Community activity related to Sons of Norway---please try to remember to have people sign a sheet with how long they were at the event and their round trip travel time.

Thanks

NEW DUES RATES

As I announced at the business meeting on February 10, the International dues rates increased on January 1, 2010. The primary member rates increased \$3.50, the spouse member increased \$1.50 and Unge Venner increased \$1.75. The same increase will apply to golden primary and spouse Members.

The 2010 dues for Fjellheim will be:

Primary - \$49.50
Spouse - \$42.50
Unge Venner - \$23.75

Your renewal notice will reflect this increase. Also, the new dues rates for each lodge are listed in the online directory and will be published in the april issue of the Viking.

Kathy O.
Membership Secretary

THE SUNNY CORNER



Happy Birthday and Happy Anniversary to all who will be celebrating during March and April.

Young Charles Hansen broke his wrist while ice fishing with Dad. His cast is off and he is still healing.

Agnes Barilovich is now out of her sling and is also healing well but is still careful not to overuse her arm.

Inger Pappas had surgery February 18; at this writing, we are waiting to see how she is doing, so cheer her up with your calls and good wishes.

Our condolences go out to Paul and Ruth Wiig for the loss of Paul's Mother, Esther. You are in our thoughts and prayers.

If you have Sunshine news, please let me know.

And Remember: **'Life isn't about how to survive the storm, but "How to dance in the rain."**

Karen Ravnaas

DISTRICT 6 NEWS

We who take the time to be active in Sons of Norway accept that membership is our responsibility. We are those folks who continue to challenge our lodge members to remain, plus to provide the means to contact their children, grandchildren, siblings and friends so that we may offer the many benefits our Order makes available, as well as what our Lodge makes available to them.

Members identified as having Insurance or Social Memberships comprise the 6,975 adult counts which are used for convention delegates. Affiliate members are tallied in their primary lodge. Within the Central Lodge for District Six, we also currently have 476 "active insurance nonmembers" as of December 31st. Our long term members who have been rewarded with a lesser dues structure include 868 Golden and 429 Life.

We have additional members, they who are our future. How do we integrate these into lodge activities? Could your lodge host a meeting with revised format and time geared for Unge Venner and Juvenile Members which they plan and execute from current reference materials? In our district, we have 517 listed in this group. What might they be capable of sharing? With our 907 Heritage members, could we do more than have one annual 'Children's Heritage Event'? Our library of possibilities from the Adopt a School program and the sixty months of *Barnas Norsk Klubb* is an amazing source.

Our resources – our responsibility!

Lyle Berge

JOKE OF THE MONTH

My favorite moment in the Winter Olympics in Lillehammer several years ago occurred when someone was interviewing Kjetil Andre Aamodt who ultimately won the slalom: "Kjetil, this is the greatest collection of skiers on the most difficult course ever designed. What's it going to take to medal today?" Aamodt said: "Vell, I tink you have to finish first, second or third."

DIRECTORY CHANGES

Members, please make the following changes to your Fjellheim Telephone Directory:

Additions:

Agnaarssen, Borges
2109 Squabush Ridge Grv.
Colorado Springs, CO 80910
634-6057

Borges.agnaarssen@us.army.mil

Nelson, Barbara Ann
1219 Rockwood Ave.
Colorado Springs, CO 80905
640-9346

Taskerud, Todd
5465 Kates Dr.
Colorado Springs, CO 80919
590-7676

Taskerud, Tyler
2652 Fron Royal Dr.
Colorado Springs, CO 80919
638-4536

Deletions:

Espen Jansen

Changes:

Barnes, Gary
1889 W. Qen Creek Rd. *Apt. 2029*
Chandler, AZ 85248

Beahler, Anne
11448 Rainier Ave. So., #107
Seattle, WA 98178-1868
206-772-1868

Beahler, Chris
6313 51st Ave. So.
Seattle, WA 98118-2860
206-760-9228

Berge, Lyle
6980 Stuart St. *#4-102*
Westminster, CO 80030

Rygg, Paul
3869 Roan Dr.
Colorado Springs, CO 80922

Please call me with any changes.
Kathy 596-6927

A LITTLE IN ENGLISH... KNOW THE FACTS: NORWAY

- In 2006 British pop star Katie Melua earned a world record for what was then the deepest concert ever held. The concert was held inside one of the legs of the giant Troll-A platform, 303 meters below the sea surface. Prior to setting the record, Katie underwent extensive medical testing and survival training for the performance.

- In April of 2009 Nina Irslinger set the world record for the longest church organ marathon, after playing for 36 hours and 3 minutes at Evje church in Evje, Norway.

-The world's longest sofa was built in Sykkylven, Norway in June of 2009. The sofa was over 800 meters long and spanned the entire length of the Sykkylven Bridge. The sofa was created as a joint effort between local furniture manufacturers to promote Sykkylven's strong furniture industry.

- Erik Rotheim, a Norwegian chemical engineer, invented the aerosol spray can in Oslo in 1927. The invention was patented in 1931 and later sold to a US company for 100,000 Norwegian kroner.

-The world's largest gingerbread man was made in Oslo, Norway in November of 2009. The world's tallest man, Sultan Kösen, unveiled the 1,435-pound gingerbread man during a promotional event held at Ikea.



LITT PÅ NORSK...

- 2006 fikk britiske popstjerne Katie Melua verdensrekord da hun avholdt til da historiens dypeste konsert. Konserten ble avholdt i en av plattformbeina til Troll-A plattformen, 303 meter under havoverflaten. Før konserten måtte Katie gjennomgå strenge legeundersøkelser og overlevelseskurser.

- April 2009 satte Nina Irslinger ny verdensrekord i kirkeorgelspill etter å spille 36 timer og tre minutter på Evje kirken.

-Verdens lengste sofa ble bygget i Sykkylven i juni 2009. Sofaen var 890 meter lang, og ble bygd over Sykkylvenbru. Sofaen var et samarbeidsprosjekt mellom to lokale møblebedrifter for å promotere Sykkylvens fantastiske kapasitet for å drive med møbler.

-Erik Rotheim, en norsk kjemisk ingeniør, oppfunnet sprayboksen i Oslo i 1927. Oppfinnelsen ble patentert i 1931 og senere solgt til en amerikansk bedrift for 100 000 kroner.

-Verdens største pepperkakemann ble laget i Norge i november 2009. Verdens høyeste mann, Sultan Kösen, viste frem den 650 kilo tunge kjempepepperkakemannen under et arrangement på Ikea.



PRESIDENT'S MESSAGE

Have you seen enough winter this year, bundled up for cold walks and long for spring and warmer weather? Compared to many parts of the country still locked in snow and freezing weather, it hasn't been too bad here in Colorado Springs. We should feel fortunate to live here in beautiful Colorado Springs!

Our Family Christmas Party was long ago but occurred after the January-February Newsletter deadline so I need to back up and thank all those who helped to make it a wonderful evening. We had a great meal! The outstanding entertainment was provided by our Lodge children and grandchildren. Special thanks to Louella and Dan Gavin for the program. On January 3rd we took down the Christmas decorations that made Viking Hall so festive for the month of December.

Our 2010 Officers and Directors were installed by Lyle Berge at the January Lodge meeting. Thanks, Lyle! The Breakfast on the 16th of January was a great success thanks to many our volunteers. We hope to have these Breakfasts every month.

Several Fjellheim members attended the Membership/Leadership Conference at Trollheim Lodge on February 6th. Along with members from the other Colorado Lodges, we discussed many interesting issues. This Conference was a great opportunity to get to know members of other Lodges and learn from each other.

We elected delegates for the District 6 Convention at our February Lodge meeting. The Convention will be held in Modesto, CA from June 23rd -26th.

The Membership Appreciation Luncheon will be on Sunday, February 28th. This is an occasion to present commemorative pins and special certificates and thank all our members for their many contributions to SON and Fjellheim. It is free to members! Hope to see you all there.

As you can see from the front page ads, we have a couple of great Socials coming up in March and April.

See you soon,
Bj

2010 OFFICERS

Board of Directors

President Bjørg Mapstone — 264-0955
bjorgmapstone@comcast.net
Kathy Oldervik — 596-6927
Vice President Rory Foresman — 640-7280
Counselor Marilyn Keck — 465-2444
Secretary Virginia Nelson — 591-7083
Asst. Secretary Laurance Moe — 260-9490
Treasurer Bill Hill — 719-544-1321
Asst. Treasurer Kathy Oldervik — 596-6927
Membership Sec.

Program Directors

Social Coordinator Cleo Allgood — 598-1982
Elaine Hellem — 471-8552
Betty McIntire — 635-5294
Cultural Programs Sissel Disbrow — 540-2737
Lyle Berge — 720-470-4961
Host/Hostess Dorothy Hanson — 599-8546
Ginny Johnson — 495-0253
Sunshine Director Karen Ravnas — 390-0621
Youth Director Louella/Dan Gavin — 522-1462
Sports Director Kerry Hefta — 266-9429
Foundation Director Nancy Allen — 310-2466
Language Teacher Patricia Staubo — 635-7985

Support Officers

Greeters Owen Bergland — 576-1396
Ken Halvorson — 632-6003
Marshals Ole and Joan Bakken — 632-3892
Editor Knut Lyby — 536-0647
kmlyby@msn.com
Musician Sonja Gund — 473-9588
Publicity Eunice Bluhm — 495-2029
Historian Virginia Nelson — 591-7083
Photographer LaRue Hanson — 599-8546
Librarian Sonja Gund — 473-9588

Viking Sisters

President Grace Johnson — 632-4885

Fjellheim Management Corporation (FMC)

Directors Agnes Barilovich (2009) — 574-5653
Chuck Sullivan (2009) — 597-0381
Inger Pappas (2010) — 596-7618
Swede Knutson (2010) — 473-3297
Karen Ravnas (2011) — 390-0621
Paul Wiig (2011) — 596-6159
Trustees Terry Mapstone (2009) — 264-0955
Michael Johaneson (2010) —
303-663-3251
Jerry Johnson (2011) — 495-0253

Committees/Special Activities

Auditors Dean Tollefson — 473-1110
June Peterson — 599-3235
Millie Sullivan — 597-0381
Finance Chairman Michael Johaneson — 303-663-3251
Adopt-A-School Roseann and Rory Foresman —
640-7280
Tubfrim Ginny Johnson — 495-0253
Volunteer Hours Cleo Allgood — 598-1982
Field Representative LaRue Hanson — 599-8546

Colorado Zone 8 Director

Diane Molter — 303-288-6014
GRNBViking09@live.com

District 6 Vice President

Lyle Berge — 720-470-4961
Bergenorsk@comcast.net

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PÅSKEKRIM

In Norway, Easter is a huge holiday, just as big as Christmas. For all of Holy Week, from Palm Sunday through Easter Sunday and even a little longer, most business and many shops close down, while the country celebrates the holiday with parties and dinners at home, or by heading into the mountains to hike and ski. Most of this is easy for us North Americans to understand, it's pretty close to our own Easter traditions, even if it's on a much larger scale than what we do. But there's one aspect of Easter in Norway for which we have no equivalent – the Norwegian obsession with Easter-time crime books and movies.

It's called påskekrim, literally "Easter crime." Every year at Easter, the shelves of Norwegian bookstores swell to bursting with lurid novels promising ghastly tales of murder and kidnapping; Norwegian TV is flooded with mystery series from home and abroad; and newspapers and the internet scramble to review it all, proudly proclaiming the year's påskekrim hits and misses. For outsiders, this springtime obsession with crime and punishment is bewildering – it's Easter after all, a celebration of life, new beginnings – and made all the more so by the fact that there's no parallel in the other Scandinavian countries.

Evidently the whole thing started back in the 1920s. A young writer named Nordahl Grieg and his friend Nils Lie spent hatched out a dastardly plan to rob the Bergen-Oslo train by ski. Rather than commit the crime they decided to write a book about some students who do, and pitch it to Nordahl's brother Harald, then the head of Gyldendal, a major Norwegian publisher. The book, *Bergenstoget plyndrett i natt* ("Bergen Train Robbed Tonight"), came out that Easter. Before the book was even published, Harald Grieg had started an ingenious marketing campaign to promote it. He bought ads on the front pages of some of Norway's biggest papers that read, in huge letters, "BERGEN TRAIN ROBBED TONIGHT!" and below, in very small letters, "By Jonathan Jerv" the pseudonym that Nordahl and Nils had chosen for themselves. The ads created a sensation and the book was sold out as soon as it hit the shelves. Publishers had traditionally only put out new books in the fall, but now they'd created a new tradition and a new way to market at another time of year – crime for Easter.